



Millstream Newsletter

626 Hoy Lake Road, Victoria BC V9B 3P7
Phone: 250-478-8348 ~ Fax: 250-474-5736

Principal: Martha Gerow - mgerow@sd62.bc.ca

Vice Principal: Samantha Ogrodnik - sogrodnik@sd62.bc.ca

Secretary: Taryn Treloar ttreloar@sd62.bc.ca

Website: <http://millstream.sd62.bc.ca/>

It's the Place to Be!

January 11, 2018

MESSAGE FROM MS. GEROW

Happy New Year:

Welcome back to all our Millstream families and new students that have joined our school. The staff are looking forward to continuing working with you and your children in their continuing learning journey. The first few days have been hectic as we all settle back into a routine. The students are hard at work. Typically, January onwards is a time when students become more independent workers. You may see more homework coming home and different projects on the horizons. The focus of our new curriculum is to build independence and on core competencies. Competencies come into play when students are engaged in "doing" in any area of learning. In the past, teachers may have laid out projects with set "how to" and "what to do" lists. Times are a changing... You will note on the Provincial website it states "What and how we teach our students

has been redesigned to provide greater flexibility for teachers, while allowing space and time for students to develop their skills and explore their passions and interests. The deep understanding and application of knowledge is at the centre of the new model, as opposed to the memory and recall of facts that previously shaped education around the globe for many decades." These are exciting times and the ultimate goal is for students to employ the core competencies every day in school and in life, and for the core competencies to be an integral part of the learning in all curriculum areas.

Kindergarten Registration

Registration for the new Kindergarten classes will begin on Monday, January 29th online from the comfort of your home. This is the case for both strands, English and French. Registration in either

strand ensures that if we have room you will be allotted a space at Millstream for the duration of your child's time at Millstream. If you move from our catchment and wish for your child to continue here that is their right. If you make the choice to move your child out of catchment then you must go through the process of requesting that move. There is no set time frame for this process. The process goes through the board office and will be approved if there is space at the requested school.

Toys at School:

After the excitement of new gifts many students are anxious to bring in their new toys to show their friends. Things can happen. Unfortunately some toys may get damaged or disappear, feelings rise as a consequence. We are asking parents to remind their children that toys stay at home. If a teacher has said

that a child can bring a toy for Show and Tell, the item would be shared and then put away to be taken home at the end of the day. Thank you in advance for your support.

Drop off and Pick Up Reminders:

Please remember that if you are pulling into the drive through to drop off that students should get out on the driver's side of the car and use the cross walk. This is a safety issue. In addition, a reminder to parents to not park in the pull through when coming to pick up at the end of the day. If you do not see your child and there is a line up behind you, I would ask that you please pull forward and find parking or go around the block and join the end of the line. Again this is for safety as well as being respectful to other parents. If you do go to park, please be cognizant of the driveways and our neighbours. Thank you.

For Your Information...



*"I like nonsense, it wakes up the brain cells.
Fantasy is a necessary ingredient in living."*

Dr. Seuss Quotes

~ Dr. Seuss

MARK YOUR CALENDARS

CALENDAR of EVENTS

January 2018

- ★ 8th Schools reopens
- ★ 8th Popcorn Day
- ★ 12th Newsletter Home
- ★ 15th Non-Instructional Day
- ★ 18th French Info Night - 6PM
- ★ 19th Hot Lunch
- ★ 22-26 Literacy Week
- ★ 23rd Fire Drill - 1:15
- ★ 26th Newsletter Home
- ★ 29th Kindergarten Registration Week

February 2018

- ★ 2nd PAC Movie Night
- ★ 2nd Newsletter Home
- ★ 5-9 Carnival Week
- ★ 5th Fieldtrip - Div. 8 to China Town
- ★ 6th PAC Meeting - 6:30
- ★ 16th Hot Lunch
- ★ 16th Newsletter Home
- ★ 19th Popcorn Day
- ★ 19th Fieldtrip - Div. 3 to Museum
- ★ 20th Lockdown Drill
- ★ 23rd Non-Instructional Day
- ★ 28th Pink Shirt Day
- ★ 28th Fieldtrip - Div. 4 to Museum

March 2018

- ★ 2nd Newsletter Home
- ★ 5th Popcorn Day
- ★ 16th Hot Lunch
- ★ 16th Newsletter Home
- ★ 16th Last day before break

January

ADMINISTRATION

Martha Gerow, Principal
Samantha Ogrodnik, Vice-Principal

TEACHERS

Chelsea Sihota - Div. 1 (Gr. 4/5)
Steve Deichmann - Div. 2 (Gr. 4/5)
Sylvia Devenport - Div. 3 (Gr. 3/4)
Catherine Alpha - Div. 4 (Gr. 2/3)
Michelle King - Div. 5 (Gr. 1/2)
Anna Lefsrud - Div. 6 (Gr. K/1)
Meghan Banks - Div. 7 (Gr. K)
Samantha Ogrodnik - Div 8F (Gr. 4/5)
Martha Gerow - Div 8F (Gr. 4/5)
Thera de Greef - Div. 9F (Gr. 2/3)
Jenny Belanger - Div. 9F (Gr. 2/3)
Allison Whicher - Div. 10F (Gr. 1/2)
Betsy Clarke - Div. 11F (Gr. 1/2)
Caitlin Tates - Div. 12F (Gr. K)
Nevada Papineau - Music
Wendy Mann - Learning Support
Jenny Belanger - Learning Support
Sonja Efford - Learning Support
Sarah Ramsbottom - Learning Support
Michele Kiefert - Counsellor

SUPPORT STAFF

Taryn Treloar - School Secretary
Laura Tinker - Education Assistant
Charro Woodford - Education Assistant
Lindsay Park - Education Assistant
Tara Hebdon - Education Assistant
Bobbi Baker - Education Assistant
Trisha Moss - Education Assistant
Lidia Van der Water - Library Assistant
Tanya Owens - Strong Start
Rena Nagel - Lunch Supervisor
Arlene Klatt - Lunch Supervisor
Tanya Owens - Lunch Supervisor
Catrina Snook - ESD Support
Rosaland Wilkinson - Aboriginal Support
Riley Sison - Head Custodian
Sandra Martell - Speech & Language
Paula Twamley - Occupational Therapist
Carolyn Zanichelli - ELL



Registration Information

Kindergarten Registration Week: Children Born in 2013 January 29th - February 2

All SD62 elementary schools offer full day kindergarten for our youngest learners.

To register, children must turn five years of age by December 31 in the same calendar year that they begin school.

Registration for kindergarten is a first-come, first-served basis and normally takes place in January.

There are two ways to register:

- ★ Online at registration.sd62.bc.ca. Please make sure to present proof of child's age and residence to your neighbourhood school within 14 days of registering.
- ★ At your neighbourhood school. Please present proof of child's age and residence to the school at the time of registration.

For more information about kindergarten, please visit BC Ministry of Education - Full Day Kindergarten.

Kindergarten registration for the 2018/19 school year:

- ★ January 29 - February 2, 2018
- ★ beginning at 8 a.m.
- ★ Please visit the Kindergarten page for more information about Kindergarten, including French Immersion and Nature Kindergarten.
- ★ <http://www.sd62.bc.ca/schools/kindergarten/>

Grades 1 - 12:

New to our school district? If your child is in Grades 1-12, registration can be done online throughout the year.

Already enrolled in SD62? If you would like your child to change schools within our district, simply fill out the School Change Request form. There is no need to re-register your child as they transition grades.

- ★ *We recommend contacting your neighbourhood school prior to registering*

to find out about available space and resources - please ask to speak with the Secretary.

French Immersion:

We will be having an info session night at Millstream on January 18th at 6:00 pm in the library.

Students who opt for Early Immersion usually enter the program in Kindergarten and continue their French studies through to grade twelve.

In Grade 12, they receive a 'Double Dogwood' (a bilingual graduation certificate).

Students may also begin the program in Grade 1.

Visit the French Immersion page to see a list of SD62 schools that offer French Immersion as well as more information about French in SD62.

- ★ <http://www.sd62.bc.ca/programs/french-immersion/>

Nature Kindergarten - 2018-2019

Held at Sangster and Saseenos Elementary Schools, the Nature Kindergarten program in SD62 was one of the first of its kind in Canada when it was first piloted in September 2012. Its popularity and success have turned the program into a yearly option for parents.

Students spend a half-day outside every morning, rain or shine, in natural settings. Children then return to school for their lunch and remain in the school during the rest of the afternoon for indoor learning.

Parents **must attend** one of the information sessions listed prior to registering their child into Nature Kindergarten:

Saseenos Parent Information Sessions:

- Thursday, January 18th, 6:30 P.M. at Saseenos Elementary School
- Saturday, January 20th, 10:00 A.M. at Saseenos Elementary School

Parents must attend one of these two information sessions in order to register their child for the Nature Kindergarten program at Saseenos.

Sangster Parent Information Sessions:

- Thursday, January 25th, 6:30 P.M. at Sangster Elementary School
- Saturday, January 27th, 10:00 A.M. at Sangster Elementary School

Parents must attend one of these two information sessions in order to register their child for the Nature Kindergarten program at Sangster.

Registration for Nature Kindergarten opens on **Monday, January 29th** beginning at 8 a.m.

Parents can register online or in-person at their neighbourhood school. If registering online, please select Nature Kindergarten as your preference. Parents who wish to register in person must do so at their catchment school and submit a request for Nature Kindergarten.

As this program typically fills up within the first day of registration, parents are encouraged to register for Nature Kindergarten as close as possible to the opening time of registration.

The Learning Centre is looking for a stationary bicycle in good working order. Please contact Ms. Efford if you have one available for donation (sefford@sd62.bc.ca)

Important Information

Lunch Time Supervisors

We are fortunate to have a team of three ladies who come daily to supervise students at the lunch recess break and during the eating period.

Their role is to ensure student safety, help children when they have playground issues and circulate around the school grounds. They are easily identifiable with their safety vests and carry walkie talkies to communicate when one needs back up for a concern or if there is an injury and they are walking the student to the office for first aid care.

Rena, Arlene and Tanya are all very dedicated to their job and go above and beyond their job description making connections with the students on Wednesday mornings. Arlene and Rena volunteer their time to come in for special events. Tanya is our Strong Start teacher.



11TH ANNUAL
2018 VANCOUVER ISLAND PARENT CONFERENCE
PARENTING NOW FOR THE FUTURE

workshops & education on

SOCIAL MEDIA • INTERNET SAFETY
THE CREATIVE MIND • BEYOND THE TALK
SELF-REGULATION • CONNECTED PARENTING
BULLYING • ANXIETY

Saturday March 3, 2018
8:30 am to 4:00 pm

Royal Bay Secondary School
3500 Ryder Hesjedal Way in Colwood

FEATURED SPEAKERS

JENNIFER KOLARI, M.S.W., R.S.W.
Child and Family Therapist Jennifer Kolari is a leading parenting expert and founder of Connected Parenting. Author of *Connected Parenting: How To Raise A Great Kid and Not Be Running My Life!* (Out There Reading) Kolari was the Parenting expert on CBC's *Steven and Chris* show, and has appeared frequently on *Canada AM* and *Breakfast Television*. Her advice can be found in many magazines, such as *Today's Parent*, *Redbook*, *Parent Magazine* and *Canadian Family*. Her workshops are entertaining and insightful. www.connectedparenting.com

BARBARA COLOROSO
Barbara Coloroso is an international bestselling author. For 45 years she has been an internationally recognized speaker and consultant on parenting, school discipline, bullying, grieving and nonviolent conflict resolution. She's appeared on Oprah, CBS, NBC, ABC, CNN and NPR and has been featured in the *New York Times*, *Time*, *U.S. News & World Report* and *Newsweek*. Author of four international bestsellers she also has two critically acclaimed video programs. www.kidareworfitt.com

Registration: \$100 includes lunch and refreshments.
Registration deadline is Feb 16. Early bird rate: \$75 if registered by Feb 2.
For info updates or to register visit www.vipc.ca or email: info@vipc.ca

PRESENTED BY DISTRICT PARENTS' ADVISORY COUNCILS OF GREATER VICTORIA & SOOKE

CHILDHOOD STRESS & ANXIETY
BUILDING RESILIENCE

EMPOWERING STRATEGIES EFFECTIVE SUPPORTS

Presentation and Discussion By:

Julie-Anne Richards, M.A., R.C.C., C.C.C.

Registered Clinical Counselor, Psycho-educational Consultant
www.JulieAnneRichards.com

<p style="text-align: center;">Wednesday, January 31 6:00-8:00 pm</p> <p style="text-align: center; font-weight: bold;">SPENCER MIDDLE SCHOOL</p> <p style="text-align: center;">1026 Goldstream Ave Langford for All Elementary School Parents, Caregivers & Staff All Community Welcome</p>	<p style="text-align: center; font-weight: bold;">Tailored for Parents, Caregivers & Educators supporting children ages 5 - 11 experiencing stress & anxiety</p> <p style="text-align: center; font-weight: bold;">PRESENTATION INCLUDING Q & A</p>
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Free Event!

REGISTRATION REQUIRED (Click to Register)

<https://www.eventbrite.com/e/presentation-on-childhood-anxiety-tickets-41260628651>

Hosted by Sooke School District #62 PAC

All Adults Welcome

Limited Childminding available, registration required

Funded by the Eric Palmer Memorial Foundation www.ericfoundation.com

Millstream Spirit!

We need to sell
100 tickets for each game!

Millstream PAC will have
to cover the costs for
any unsold tickets.

We paid over \$4000
for the tickets to sell.



Did you know:
The PAC paid \$13.5 per ticket

To buy them from the Arena
they would cost you over \$30

During the March Hockey
Game, Millstream will
receive half the earning of
the games 50-50 draw

(\$2750 last year)

VICTORIA ROYALS TICKETS

3 Games to Choose From:

January 28

February 17

March 11 (50-50 draw)

\$15/Ticket

PICK UP YOUR TICKETS TODAY IN THE OFFICE!

Millstream Elementary

Arriving on Time

We noticed an increase of students arriving late for school before the break. We all run late sometimes. The traffic is busy and we appreciate that it is difficult for busy families to get everyone up and out the door on some mornings.

Arriving to school on time is like arriving to your job on time. It is important.

How a child starts their day at school is often dependent on how they started their morning.

Inevitably, children will feel sick or tired some mornings, or other situations will prevent them from being on time. One of the most important aspects of school is that it is organized, scheduled and predictable.

Students depend on the structure of the day. They know where they have to be and when. They know the main purpose for being in school is to learn and that routines are in place precisely to help them focus on that learning. When students

are repeatedly late, these routines are disrupted. Children who are often late have trouble settling in and mastering routines. Being late can throw off their whole morning or even their day, especially if the late commute to school was stressful.

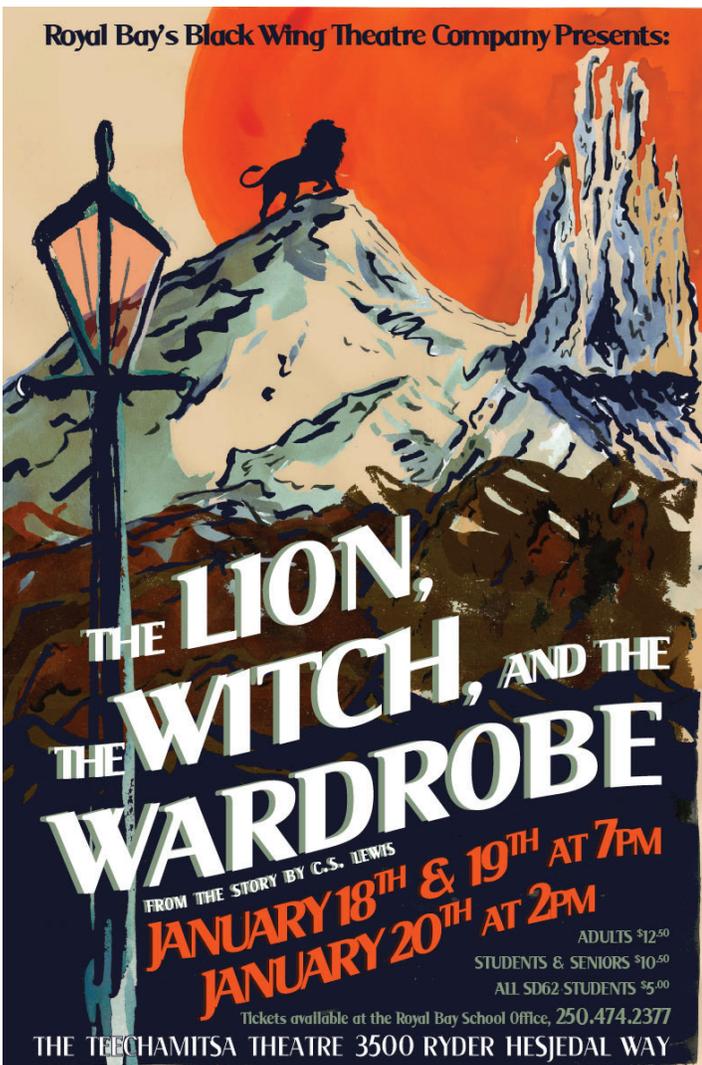
Part of your child's education is learning to be responsible. The school experience teaches children how to meet expectations. They learn to follow schedules, obey rules, complete assignments and keep track of their materials. Attendance is

one of the ways children show they can meet their obligations. Your support in teaching their children organizational techniques that will help them get out of the house faster, such as packing their bags and laying out their clothes the night before school. But parents who drive their children must also remember to be punctual and responsible. After all, you are the primary role model

"Effects Of Tardiness On Your Child's Education". 2016. Our Everyday Life.

<http://oureverydaylife.com/effects-tardiness-childs-education-25692.html>

Royal Bay's Black Wing Theatre Company Presents:



**THE LION,
THE WITCH, AND THE
WARDROBE**

FROM THE STORY BY C.S. LEWIS

JANUARY 18TH & 19TH AT 7PM
JANUARY 20TH AT 2PM

ADULTS \$12.⁵⁰
STUDENTS & SENIORS \$10.⁵⁰
ALL SD62 STUDENTS \$5.⁰⁰

Tickets available at the Royal Bay School Office, 250.474.2377

THE TEECHAMITSA THEATRE 3500 RYDER HESJEDAL WAY



**Westshore
Family
Learning Tour**

 Jan. 27, 2018
10am-2pm

FREE family learning activities at these participating locations:

- Story Walk: Juan de Fuca Rec Centre 10am-2pm
- Minute to Win It/Fire Starter Kits/Blackberry Painting: Royal Bay Secondary 12pm-2pm
- Artistic Literacy: Centennial Centre 12pm-2pm
- Physical Literacy: Langford YMCA/WCA 12pm-2pm
- Instrument Petting Zoo: Victoria Conservatory of Music in Langford 12pm-2pm
- Learning Activities: GVPL Juan de Fuca, Langford & Goudy branches 10am-2pm

Brought to you by:
Your Literacy Connection Westshore



<https://southislandliteracy.com>

Strong Start

Bring your pre-schooler to Strong Start at Millstream Elementary!

Tanya Owens
Strong Start
Coordinator

StrongStart BC early learning programs provide school-based early learning services for adults and their young children, aged **0-5 years**, at no cost to families.

Both children and

adults can benefit from StrongStart BC early learning programs - children have access to high-quality learning environments and benefit from social interactions while the adults who accompany them learn new ways to support learning, both at the program and at home.

Parents and caregivers attending StrongStart BC programs can expect to participate in organized sessions like story time, in play activities, and in serving a healthy snack.

★ Monday to Friday
Room 504

★ 8:45-11:45

MILLSTREAM ELEMENTARY STRONG START

Aa Bb Cc Dd Ee Ff Gg

Website: millstream.sd62.bc.ca
Phone: (250) 478-8348

Aa Bb Cc Dd Ee Ff Gg

Daily Program Except Gym Days

8:45 Centre Activities including Art
9:40 Clean Up
9:45 Circle Time
10:00 Snack
10:15 Free Play Time
11:15 Clean Up
11:20 Story Time
11:35 Good Bye Song/Stickers
11:45 Home Time



Wednesday/ Gym Day:

8:45 Centres
9:10 Clean Up
9:20 Gym Time
10:00 Clean Up
10:05 Circle Time
10:20 Classroom/ Snack
10:30 Free Play Time
11:15 Clean Up
11:20 Story Time
11:35 Good Bye Song/Stickers
11:45 Home Time



JANUARY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Closed	2 Closed	3 Closed	4 Closed	5 Closed	6
7	8 School Reopens Wishing wands RSR-Ruth King	9 New Year's Glitter Balls	10 Music Room 9-9:20 AM Gym 9:20-10:20AM New Years Sensory Table	11 "Fireworks" Fun	12 Popcorn Day S2 New Tissue Paper	13
14	15 Closed for Pro D Day	16 Marble Paint Gingerbread Men	17 Gym 9:20-10:20 Gingerbread Playdough Erin-SFRS	18 Marshmallow Gingerbread Craft	19 Make Ginger- bread Pan- cakes	20
21	22 Glitter Snow- flakes	23 Skate Craft	24 Centre Closed Ready, Set, Learn at Westshore Mall-Please join us	25 Warm Toque Art	26 Polar Bear Art	27
28	29 Winter Snow Trees Kindergarten Registration	30 Lace Snowman	31 Gym 9:20-10:20 Make White Slime Erin-SFRS RSR-John Stubbs			



Strong Start visits the Music Room

ATTENTION:

Children must be registered by their second visit to attend Strong Start Birth Certificate is **REQUIRED**.



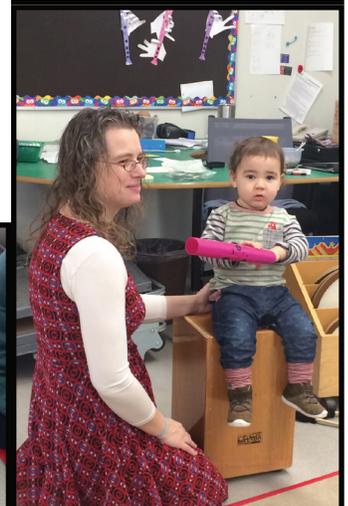
This is a Guardian Participation Program:

WAYS TO ASSIST:

- Being quiet at circle time
- Help prepare snacks
- Help clean dishes
- Dry dishes
- Put away dishes
- Put away art supplies
- Assist with toy clean up duties
- Sit with your child at circle time
- Guide & assist child with art activities
- Have children assist with clean up time

SPECIAL NOTE:

SFRS Sooke Family Resource Society will visit every other Wednesday. Please ask if you have any questions.



Come join us!

